BUILDING FUNDAMENTALS THROUGH GUIDED PRACTICE

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Our Project

We created Pro Series as a self-directed practice system featuring phase-structured DVD lessons which cover the gamut of music concepts, each indispensable to ensemble success: sound, rhythm, style, pitch, technique, blend, dynamics, phrasing, and more.

When students practice Pro Series by themselves, they make extraordinary gains in performance ability. When studied in groups, Pro Series allows wind sectionals to become regular autonomous events that directors rely on to impart critical skills with consistency.

Humor, progressive focus, and energetic pacing keep groups of players on task and eliminate the aimless drudgery of practicing alone. Working with a top-notch on-screen ensemble, students feel engaged and involved in their practice of fundamental skills, and actually look forward to practice sessions.

100 DVDs (Ten discs and an exercise companion book for each instrument) are packed with intensive lessons that demonstrate remarkable transfer to the everyday musical demands placed on student instrumentalists and their sections. Each concept is vital, useful, and most importantly, relevant.

Phase 1

Weeks 1-3

- Day 1 Core Sound
- Day 2 Fundamental Technique
- Day 3 Rhythm & Articulation
- Day 4 Dynamics, Scales & Phrasing
- Day 5 Sight Reading (weeks 1, 2, 3)

Phase 2

Weeks 4-6

- Day 1 Advanced Articulation
- Day 2 Fundamental Technique
- Day 3 Rhythm & Scales Plus
- Day 4 Ensemble Musicianship
- Day 5 Sight Reading (weeks 4, 5, 6)

Phase 3

Week 7

- Day 1 Core Sound
- Day 2 Fundamental Technique
- Day 3 Rhythm & Articulation Plus
- Day 4 Dynamics, Scales & Phrasing
- Day 5 Advanced Sight Reading

Week 8

- Day 1 Rhythm & Scales Plus
- Day 2 Fundamental Technique
- Day 3 Rhythm & Articulation Plus
- Day 4 Advanced Articulation
- Day 5 Advanced Sight Reading

Week 9

- Day 1 Rhythm & Scales Plus
- Day 2 Fundamental Technique
- Day 3 Rhythm & Articulation Plus
- Day 4 Dynamics, Scales & Phrasing
- Day 5 Advanced Sight Reading

Disc Guide

© DISC 1 Watch This First, Total Scales & Toolkit

"Watch This First" has everything students and educators need to get started. Don't miss this.

This keystone lesson helps shape the musician's concept of sound using embouchurestrengthening exercises designed specifically to refine tone quality.

© DISC 3 Fundamental Technique

"Fundamental Technique" contains a practical set of methods for conquering technique, dexterity, and range.

O DISC 4 Rhythm & Articulation

By combining increasingly difficult rhythms with varying sets of articulations, this disc, combined with a ton of hard work, helps to develop proficiency in both rhythm and style.

© DISC 5 Dynamics, Scales & Phrasing

This lesson combines the execution of sophisticated dynamics with the control of precise phrase length—all while cycling through major scales.

© DISC 6 Sight Reading & Advanced Sight Reading

This crucial disc contains nine, powerful lessons for each of week of the Pro Series curriculum, designed to build strong foundations in an increasingly challenging environment.

© DISC 7 Advanced Articulation

"Advanced Articulation" pushes the musician to new levels, engaging them in a total tongue and air workout that will increase the speed of tonguing, improve the execution of air inside the articulation, and enhance the understanding of the skills necessary to achieve extraordinary entrances and releases.

© DISC 8 Rhythm & Scales Plus

This lesson contains advanced rhythmic exercises, including syncopation with complex rests, hemiola, 5/8, 7/8, and mid-exercise meter changes. On top of that, this lesson cycles through all the major scales. The pace and complexity of this lesson is designed for advanced musicians, hence the Plus.

© DISC 9 Ensemble Musicianship

This disc challenges the performer with exercises that focus on ensemble intonation, sonority/blending, and balance. Using the skills developed in earlier lessons, "Ensemble Musicianship" extends the boundaries of the student's aural sensitivity for application in larger ensembles.

This lesson raises the ante for all students, teaching a greater refinement of rapidly changing styles through increasingly challenging rhythms. Students of all levels get a mental and physical workout here; no complex articulation pattern is left behind.