

2013 Florida Music Educators Association
All-State Clinic

**Warm-ups for Guitar:
Advancing Your Students' Sound and Technique**



Clinician - Christopher J. Perez
Director – Freedom High School Guitar Program
Orlando, FL

Marriott Waterside Salons 1-3
Thursday, January 10, 2013
1:30pm

Having clear, attainable, musical goals and **being dedicated to them** will help progress the reading and playing ability of you and your students.

**“The approach to what you do, results in what you get...”
Freddie Gruber (1927-2011) - Drummer and Master Teacher**

1. Why warm-up before you or your ensembles/students practice and/or rehearse? To develop preparedness with:

- a) Mental
 - i) clear the mind of distractions
 - ii) focus on what needs to be accomplished (have clear goals for your session)
- b) Physical
 - i) centering your body posture
 - ii) centering your R.H. fingers/pick on strings
 - iii) centering your L.H. fingers on the fret board
- c) Visual
 - i) some warm-ups are not routine; develop your reading skill
 - ii) see what your hands are doing
 - iii) see shifts in your L.H.
- d) Aural (listening)
 - i) intonation
 - ii) tone/timbral production
 - iii) ensemble attack and release of tone

2. Variety is the “spice” of life! Use a combination of what we do today to further your skill. Rotate your collection.

3. What is your weakness? Use or create and exercise to make it a strength.

Ex. - 1999 movie “The Red Violin” starring Samuel L. Jackson.

To the music handouts for this session!

4. 7th fret warm-up for beginners.
5. #1 / #1.5 / #1.9 Open position exercises. (01234321)
6. Treble string warm-up - as not to tear up your L.H. fingers playing and sliding on the bass strings. (1234)
7. Finger rotation exercises.
 - a. #2 (14142323)
 - b. #4 (1-2=2-1)
8. Hammer-ons - (0101/0202/0303/0404) (01122334)
Pull-offs - (4040/3030/2020/1010) (4343-3232-2121-1010)
9. "Pumping Nylon" by Scott Tennant (of LAGQ) - Alfred Music Pub.
 - Title page and p. 2-3 (index)
 - p. 15 (Finger Independence)
 - p. 38 (Arpeggios from Tarrega)
 - p. 48 (Daily Warm-up Routine)
10. Scales!
 - a. FJH Music company makes Fixed and Movable Scale Skill Sheets
11. Sight Reading for Guitarists by Steve Marsh - Mel Bay Music Pub.
 - a. read in 1st position
 - p. 6 #1 & #2
 - p. 35 #56 & #57
 - b. read the same exercises in 5th position

Other items you can use/purchase for warm-up and reading:

- 120 Right-Hand Studies (Giuliani) G1014 by FJH
<http://www.fjhmusic.com/guitar.htm>
- Diatonic Major and Minor Scales by Andres Segovia
Columbia Music (can be found on Amazon)
- Modern Method for Guitar - Volume 1 & Volume 2
by William Leavitt
- Read This First (Sight Reading for Guitar) by Joseph Pecoraro

You are invited to the several clinics and concert the next several days:

Thursday 2:45 PM [Uncovering the Mysteries of the Fretboard](#)
Dr. Robert Phillips Waterside Florida Ballroom, Salons 1-3 Guitar

Thursday 4:00 PM [Guitar 1 Pedagogy for All](#)
Joe Sandusky Waterside Florida Ballroom, Salons 1-3 Guitar

Friday 7:45 AM [Guitar Lab: Power Chord techniques](#)
Edward Prasse Waterside Florida Ballroom, Salons 1-3 Guitar

Friday 10:30 AM [Guitar Lab: Strumming Chords, Part 1](#)
Edward Prasse Waterside Florida Ballroom, Salons 1-3 Guitar

Friday 11:45 AM [Guitar Lab: Strumming Chords, Part 2](#)
Edward Prasse Waterside Florida Ballroom, Salons 1-3 Guitar

NOT TOO MISS!!!!!!! ☺

Friday 12:30 PM [CONCERT: Freedom High School Guitar Orchestra](#)
Christopher Perez TCC West Hall, 50/50

Friday 1:30 PM [Guitar Lab: Teaching Notation](#)
Edward Prasse Waterside Florida Ballroom, Salons 1-3 Guitar

Friday 2:45 PM [Guitar Lab: Pop Song Jam Session, Part 1](#)
Edward Prasse Waterside Florida Ballroom, Salons 1-3 Guitar General Music

Friday 4:00 PM [Guitar Lab: Pop Song Jam Session, Part 2](#)
Edward Prasse Waterside Florida Ballroom, Salons 1-3 Guitar General Music

Saturday 8:45 AM [Guitar Lab: Capo use and Barre Chord techniques](#)
Edward Prasse Waterside Florida Ballroom, Salons 1-3 Guitar General Music