

# Dust Them Off! Breathing Life into Forgotten Resources Presented by Matthew Stensrud

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Remember the Orff Volumes? Or Erstes Spiel? All too often, these books and others quickly enter our lives and head to the back of our shelves. In this session, we'll dust them off and bring them back to life through singing, instruments, stories, movement, and more. Participants will be better prepared to open these resources up and explore them in new and effortless ways with students of all ages.

## Dusting Off Erstes Spiel am Xylophon

First the Egg

- Read story with xylophone exploration
  - Different guiding word for each part of story
    - For example, egg = roll
- Erstes Spiel am Xylophon, #12 by Gunild Keetman
  - Crickle crackle goes the little egg today
  - Crickle crackle goes the little egg today
  - What's inside?
  - Open and we'll find
  - Clickle clackle goes the little egg today
- Process
  - Use polyspots for the egg to hop on!
  - Follow the egg on your xylophone
  - Keep the playfulness alive!
  - Learning the piece:
    - Begin with Egg today (E D C\_)
    - Add Crickle crackle (G-G G-G)
    - Add What's inside (A A G\_)
    - Add Open and we'll find (A-A A-A G\_)
    - Add Clickle clackle (A-A A-A) almost the same!
    - Add *Goes the little* (G-E- D-C)
  - Ostinato: crickle, crackle, clickle, clackle (C-C' D-C' E-C' G-C')
- What are some important things to consider when writing the text?
  - Use of repetition
  - Natural ease of words
  - Same melodic pattern = same words



#### **Dusting Off Music for Children Volumes**

Peaceful River, from Music for Children Vol. IV, #5, p. 5

- Start with movement as all learn teacher-led choreography
- Slowly add in meter and rhythm
- Add text
  - Peaceful river gently flows, peaceful river gently flows
  - It goes round and round, it goes up and down, it goes round and round, yes it goes
- Notice connections to movement and text
- Use word bank to pick 3-5 words and create individual choreography to connect with piece
- Share with a partner and combine the two into one unison piece (mirroring, shadowing, side-by-side)
- What are some important things to consider when writing the text?
  - How could this become "snowflakes"? Or "breeze"? Or something else?
  - What could be modified for ease of learning/playing?
  - What could this look like in the classroom? Check out a clip from my own classroom!

### How Can You Dust Off Your Own?

- So, how can you do this in your classroom?
- With small groups, take a book and a piece from the Erstes Spiel, Music for Children, or another Orff resource, and write a text or choreograph a movement piece and decide how to share it.
- Things to consider:
  - Text = form
  - o Repetition, repetition, repetition, variation
  - Melody, drone, color OR drone, ostinato 1, ostinato 2
  - Use of locomotor and non-locomotor
  - Use of alone and with partner/small group
  - Use of mirroring/shadowing, canon, opposites
  - Simple forms such as AB or ABA
  - o Elemental forms such as aaba or abac
- Books:
  - Nothing Rhymes with Orange by Adam Rex
  - Lost. Found. by Marsha Diane Arnold
  - o Listen to the Rain by Bill Martin Jr. and John Archambault
  - *Quick as a Cricket* by Audrey Wood
  - Shh! We Have a Plan by Chris Haughton
  - Mother Earth by Nancy Luenn
  - This is our House by Hyewon Yum
  - o Butterfly Butterfly by Petr Horácek

#### Materials - look for them in the Exhibit Hall!

First the Egg by Laura Vaccaro Seeger Nothing Rhymes with Orange by Adam Rex Lost. Found. by Marsha Diane Arnold Erstes Spiel am Xylohon by Gunild Keetman Music for Children Volumes I & IV by Carl Orff and Gunild Keetman

#### My Bio and Contact Info

Matthew Stensrud is an award-winning Elementary Music and Movement Teacher and currently teaching PK-4 music and movement at Sidwell Friends Lower School in Washington, DC. He received his Master of Music Education from George Mason University and Bachelor of Music Education from the University of Cincinnati College-Conservatory of Music, is an Orff Schulwerk approved Teacher Educator of Movement, and teaches Movement Levels in South Carolina and Oregon. Matthew is also on *The Orff Echo* Editorial Board and was a key content contributor to the book *Responsive Classroom for Music, Art, PE and Other Special Areas*. He is available for workshops for music chapters, districts, schools, specials teachers, and more. He lives in Alexandria, Virginia. Visit his website: www.matthewstensrud.com to sign up for his newsletter with lesson plans, articles, and more, or contact him via email at mstensrud@gmail.com or phone/text at 513-703-8012. He is also well-known on social media as @MisterSOrff on Instagram, Facebook, and YouTube.

